

PRESCHOOL EXTENDED SESSION

10:30 AM WORSHIP (March 29)

TODDLERS I: Phyllis Sipe

TODDLERS II: Loretta Mixon, Lois Young

TODDLERS III: Debbie Smith, Amy Smith

USHERS (March 29)

Hagan Bowen, Chairman

Richard Kitzmiller, Dave Begley, Bill Little

GREETERS (March 29)

Brian & Julie Shoemaker, Bill Orrick,

Alvin & Jennifer Shoemaker

April 6 Visitation - Deacon Representatives

Hagan Bowen, Curtis Johnson

And the People Came . . . (March 22, 2009)

Sunday School	135
Bible Study (B. Seymour)	70
Homebound	0
SONshine Seniors Bible Study (Fri.)	12
Total in Bible Study last week	217

And the People Gave . . . (March 22, 2009)

Weekly Requirements	\$	9,573.45
Received March 22	\$	8,455.72
Designated March 22	\$	560.00

Our church is supported by tithes and free-will offerings.

It is the privilege of all members to give regularly as God has prospered.

Instrumental Praise Ensemble

Rehearsal Schedule

March 29	Sunday Morning Service
29	Rehearsal 5:00 – 5:30 pm
April 5	Rehearsal 4:50 – 5:30 pm
8	Special Wed. Rehearsal – 7:15 - 8:15 pm
12	Easter Sunday Morning Service
	No rehearsal Easter Sunday evening



We will be placing Easter Lilies in the sanctuary “In Memory Of” and “In Honor Of”. The lilies are in a 6” pot with 5 to 7 blooms per plant. If you are interested in purchasing, please contact Renee Queen or Janice Ham. The cost is \$5.00.

MEDIA LIBRARY

The library will be having a weeding sale of books (children and adult), videos, a few cassettes, etc. from Sunday, March 22, 2009 for two weeks. The items will be on display in the fellowship hall, nothing over \$1.00. All proceeds will be returned to the Library Designated Account.

**Youth Camp Mission Trip
Panama City, Florida
July 5 -12, 2009
\$50 deposit is due **NOW!****

Calvary Baptist Church

Pastor:	Dr. Donnie C. Brannen
Music/Education:	Rev. D. Mikel Caywood
Secretary:	Jennifer Ramey
Organist:	Frances Mooney
Pianist:	Debbie Johnson
Keyboard:	Lemuel Mixon
Drummer:	Brian Shoemaker
Parish Nurse:	Barbara Bowling, RN

Periodicals

Heart and Hand (USPS 974-380) Published weekly except Christmas week by Calvary Baptist Church, 1238 Pine Street, Kingsport, Tennessee 37664-2432. Periodicals Postage Paid Kingsport, Tennessee.

Heart and Hand

“Experiencing Christ Through Caring and Sharing”



**Calvary Baptist Church
1238 Pine Street
Kingsport, TN 37664
(423) 245-9157**

Filled with compassion Jesus reached out and touched the man. – Mark 1:41

Vol. LXIX No. 12

March 25, 2009

Schedule of Ministry

Sunday, March 29

9:15 AM Bible Study
10:30 AM Morning Worship
5:00 PM Instrumental Praise Ensemble Rehearsal
5:30 PM The *Refinery*
5:45 PM Pioneer Club
6:15 PM Evening Worship

Tuesday, March 31

6:00 PM SBA Association VBS Clinic
West Colonial Hills Baptist Church

Wednesday, April 1

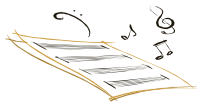
6:15 PM Handbells
6:30 PM RAs, GAs, Acteens & Mission Friends
6:30 PM Prayer Meeting
7:30 PM Choir Rehearsal

Friday, April 3

12:00 Noon SONshine Seniors Bible Study (CH)
6:30 PM Singles & Single Again Outing

Saturday, April 4

8:00 AM Men’s Breakfast (FH)
(Choir invited – reservations needed – call 245-9157)
9:00 AM Cantata Rehearsal



Music has a shelf life that is pretty short. I have been reminded of this in the past year because I purchased an MP3 player for myself. Shortly thereafter, I purchased music for it. I listened to it when I worked out, as I rode on my motorcycle, drove in the car, etc.

After several weeks of listening to the same songs, I found myself tiring of them. So I downloaded more songs and began again to enjoy my MP3 player. But for the past year or so, I have found that it's a constant chore to find new music that I enjoy.

We are told several times in the Bible to sing to the Lord a new song (Psalm 33:3, 96:1, 98:1, 149:1; Isaiah 42:10). Evidently, music also has a shelf life related to God. He likes new songs as well.

But why does God want us to sing a new song to Him? And why has He created us to tire of songs as quickly as we do?

Part of the answer has to do with the health of relationships. Our songs to Him are relational. When we sing songs to God, we are telling Him what He means to us and how much we admire Him. We are also thanking Him for His goodness and blessings.

Singing the same old song to God reveals that several dangerous elements are creeping into our relationship with Him. First of all, the issue of rote or thoughtless routine is a major danger. Rather than being dynamic and creative as we always are when a relationship is fresh and new, we just do the same old thing and expect it to keep its shine. Well, it doesn't! It's a dangerous sign in a relationship that the energy is being diverted elsewhere.

The second danger of singing the same song for too long is that it means we aren't experiencing anything new in the Lord. A daily, intimate relationship with God is exciting. There are constant revelations into His heart and new experiences such as answered prayers and divine blessings that keep our songs flowing from a fresh spring rather than a stale cistern.

The third danger of old songs is that of taking God for granted. God's goodness is unsearchable. His glory is beyond

comprehension. To sing the same old song can lead to apathy and an unappreciative attitude. Perhaps we are taking Him for granted; otherwise we would be singing a new song to Him based on the constantly unfolding revelations of His love and beauty.

That being said, we can also sing familiar hymns during times of great need that remind us of His great faithfulness through our earlier years. The point to make is we must continue our yearning and zeal for God to work His daily grace in and through us. Sing the hymns with a cognizance of His presence and providence. Sing familiar praise with excitement and freshness. Exalt His name gloriously with humility, awe, wonder, and the gratitude due His holy name.

No matter what the song, He desires, yes even yearns, for us to "Sing to the Lord."

Mikel



Saturday, April 4 at 9 AM

(Sign up for breakfast is required; call 245-9157, church office) **Nursery will be provided.**

Your Help Is Needed ...

Sometimes, when a church member has a family member to pass, food is not needed; therefore, a library book is purchased in memory of this individual. Donations are needed to help buy these books. Please contact Joan Hurd for more information.

Men's Breakfast
Saturday, April 4
8:00 AM Fellowship Hall



Greetings,

There are several health related opportunities available in the next few weeks.

On **Thursday, April 14th, from 3:00 p.m.-7:00 p.m.** our church will join Mafair United Methodist Church in a blood drive. The Marsh Regional Blood Mobile will be located at Mafair on that day. Everyone who donates will receive a free t-shirt but more importantly someone will receive a much needed blood transfusion. If you have questions you may contact me or the Marsh Regional Blood Bank at 224-5888.

Beginning **April 15th and running through May 6** at First Broad Street United Methodist Church, there will be a series of classes entitled "Living Well With Diabetes". The classes will meet from 10:00 am – 11:30 am in room L44. The cost is \$10. You can reserve a spot by calling 224-1512.

The Sullivan County Regional Health Department will offer free men's and women's health screenings in the Kingsport office on **Friday April 17th from 9:00 – 3:30** and in the Blountville office on **Friday May 15th from 9:00 – 3:30**. They will offer breast, cervical, skin cancer, prostate, blood pressure, bone density, and colorectal screenings as well as free tetanus shots if you are over 10 years old. If the details can be worked out they will also do cholesterol screenings. These screenings are free and open to the public with no appointment needed.

God Bless You All,
Barbara Bowling, Parish Nurse

THANK YOU

Thank you for the Gideon Bibles and other donations to your favorite charity in memory of Debbie Jones especially during Debbie's illness and passing. Special thanks to Randy and Debbie Smith for their kindness. Again, we thank you.

Reed & Agnes Minor, Tim, Eric & Josh Jones
Hope Byrd & Doris Williams

Christian Love and Sympathy to the family of Ona Amyx.
Our thoughts and prayers are with you.