

PRESCHOOL EXTENDED SESSION

10:30 AM WORSHIP (November 8)

PRESCHOOL I: Crystal Hill, Stacy Barton

PRESCHOOL II: Tim Bass, Michele Wilder

PRESCHOOL III: Dallas Ratliff, Dudley McHugh

USHERS (November 8)

Waymon Ferrell, Chairman

James Karnes, Bill Orrick,

Carl Cumbow, Aaron Carroll

GREETERS (November 8)

Brian & Julie Shoemaker, Bill Orrick,

Alvin & Jennifer Shoemaker

November 16 Visitation - Deacon Representatives

Lemuel Mixon, John Thomasson

And the People Came . . . (November 1, 2009)

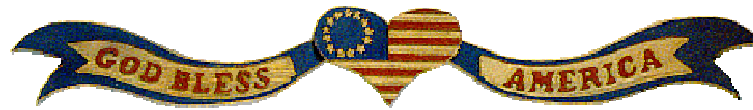
Sunday School	162
Bible Study (B. Seymour)	105
Homebound	0
SONshine Seniors Bible Study (Fri.)	11
Total in Bible Study last week	278

And the People Gave . . . (November 1, 2009)

Weekly Requirements	\$ 9,573.45
Received November 1	\$ 8,601.70
Designated November 1	\$ 610.00

Our church is supported by tithes and free-will offerings.

It is the privilege of all members to give regularly as God has prospered.



Wednesday, November 11th is Veteran's Day and we proudly salute the veterans, both men and women, who have served our nation with honor, dignity, pride and sacrifice. We remember and we thank you. Our flag will forever fly and we are forever free, thanks to you and to the blessings of God on our nation. May God bless each veteran whose life we celebrate.

Stand tall, Veterans – we salute you!



Calvary Baptist Church

- | | |
|------------------|-----------------------|
| Pastor: | Dr. Donnie C. Brannen |
| Music/Education: | Rev. D. Mikel Caywood |
| Secretary: | Jennifer Ramey |
| Organist: | Frances Mooney |
| Pianist: | Debbie Johnson |
| Keyboard: | Lemuel Mixon |
| Drummer: | Brian Shoemaker |
| Parish Nurse: | Barbara Bowling, RN |

Periodicals

Heart and Hand (USPS 974-380) Published weekly except Christmas week by Calvary Baptist Church, 1238 Pine Street, Kingsport, Tennessee 37664-2432. Periodicals Postage Paid Kingsport, Tennessee.

Heart and Hand

"Experiencing Christ Through Caring and Sharing"



Calvary Baptist Church

1238 Pine Street

Kingsport, TN 37664

(423) 245-9157

Filled with compassion Jesus reached out and touched the man. – Mark 1:41

Vol. LXIX No. 44

November 4, 2009

Schedule of Ministry

Sunday, November 8

9:15 AM Bible Study

10:30 AM Morning Worship

4:45 PM Instrumental Praise Ensemble (Rutledge Class)

5:00 PM Long Range Planning (Conf. Rm.)

5:30 PM *The Refinery*

5:45 PM Pioneer Club (FH)

6:15 PM Evening Worship

Tuesday, November 10

10:00 AM Bertha Smith Circle

6:30 PM Deacons Meeting (Rutledge Class)

Wednesday, November 11

VETERANS DAY

5:30 PM Wednesday Meal (FH)

6:15 PM No Handbells

6:30 PM Older RAs, RAs, Acteens, GAs & M. Friends

6:30 PM Business Meeting

7:30 PM Choir Rehearsal

Friday, November 13

12:00 Noon SONshine Seniors Bible Study (CH)

CONGRATULATIONS to Cameron Mixon for completing the rank of Eagle Scout. Please join us in the Court of Honor Ceremony for him on Saturday, November 7, 2009 Calvary Baptist Church at 11:30 am. Following the ceremony, lunch will be served. RSVP to ljmixon@gmail.com or 288-5282.

WHAT A WONDERFUL WEEK!

What a wonderful week of revival we've had with Wayne Chasteen and Rhyme and Reason. It's been especially good for me because they are old and dear friends, and although we don't get to see them nearly often enough, it is always a blessing when we do. We were also blessed by everyone who came out and made Harvest Fest such a wonderful success. Even with the rain, God blessed us with a good crowd and a good time. Thanks especially to Audra and Julie for all of their hard work.

I was reading a book recently on the subject of exercise. Stop laughing! I *love* to read about exercise. Actually exercising...well, that's something different. Anyway, the author of the book was saying that the most important part of exercise is not what your body is doing during the exercise, but what it does *after* the exercise *because* of the exercise. What a metaphor that is of revival. Oftentimes the full effect of a revival is only felt later on, after the meetings are over, as God works into us what we've heard and experienced through the revival.

This Sunday morning, I'm planning on preaching a message called "Revival – Raging Fire or Rapid Fade?" I hope you will be here for that message, and of course for our Sunday School hour at 9:15. Sunday night at 6:15, we're continuing our journey through "The Greatest Sermon Ever Preached" – the Sermon on the Mount.

Thank you all so much again for your wonderful expressions of love during Clergy Appreciation Month, and for all of your prayers and expressions of concern during Elizabeth's recent illness. As sick as she's been, it may be awhile before she's back to full strength. Please continue to pray for her as she returns to school and tries to catch up on all of her schoolwork between now and the end of the semester.

Don't forget this Friday night, November 6, Beau James' Ministry 29 will be presenting a Christian Championship Wrestling card at the Boys and Girls Club on Stone Drive as a fund-raiser for Living Praise Assembly of God's youth

group. Come out and support Bro. Beau's and our sister church's ministries. Saturday morning at 8, we will have men's breakfast, followed by a special choir rehearsal for the Christmas Cantata at 9. Cameron Mixon's Eagle Scout honor court will then be held at 11:30.

Looking at little further down the line, we have our church business meeting on November 11. Don't forget that Heidi and I want to invite you to our home for an open house on November 21, with the senior adults coming at 2 PM and everyone else from 3-5. Then, on November 22, we will have our church-wide Thanksgiving meal here at the church.

Numbers 6:24-26,

Bro. Donnie



It's Shoe Box Time!

Shoebboxes need to be returned to Calvary Baptist by Sunday, November 17, 2009. Please include \$7 per shoebox to help cover shipping. The brochures will be available, in the church foyer, this Sunday. PLEASE PRAY FOR THE CHILD WHO WILL RECEIVE YOUR SPECIAL GIFT.

Every shoebox offers an opportunity to share the Good News of the Savior with a hurting child.

HOSTESS HAPPENINGS

Our next Wednesday Meal will be November 11th at 5:30. The menu will be Pinto Beans, Little Potatoes, Slaw, Cornbread, Dessert and Drink. **Deadline for reservations will be Monday, November 9th.** Cost: adults - \$5.00. Children (ages 4-10) - \$3.00, Children 3 and under – free.

We have ordered 40 poinsettias for the "In Memory" and "In Honor" of loved ones at Christmas. These poinsettias will be \$5.00 each. Please see Janice Ham or Renee Queen to purchase. This will be on a first come basis.

HEARTS ON FIRE '09

YOUTH CONFERENCE

NOVEMBER 20 – 21, 2009

GATLINBURG, TENNESSEE

"Hearts on Fire" is a life-changing conference designed to reach students with the gospel and to challenge the believer to a more dynamic walk and commitment. Guest speakers are Kirk Cameron and Tony Nolan. Musical guests include Aaron Shust, Charlie Hall and FEE.

Thanksgiving Dinner – Saturday, November 22, 2009

Calvary Baptist invites you to our annual Thanksgiving Dinner, Sunday, November 22nd at 5:30 pm. in the Fellowship Hall. Calvary will provide plates, cups, napkins, silverware, tea, coffee, turkey and dressing. Participants are asked to bring bread, side dishes and desserts. There is always plenty for everyone!



DON'T JUST SIT THERE . . .
Stand up Whenever you can

Standing burns twice as many calories as sitting. It may also increase "good" cholesterol and stimulate enzymes that burn fat. The rates of obesity and heart disease also double for people who sit for long periods of time. Since you tend to pace when standing, you automatically move more.

If you work at a desk, stand up and take frequent breaks if possible. Other ways to get on your feet: Stand up when you talk on the phone. Stand at children's sports events. Hide the remote and get up to change channels when watching television.